# GECAC CORRY SENIOR CENTER SEPTEMBER 2025 NEWSLETTER

25 FIRST AVENUE, CORRY, PA 16407 (814) 664-2477 OPEN TUESDAY—FRIDAY 9 A.M. TO 3 P.M

Rachael Price, Senior Center Director

Valeri Raymond, Senior Center Assistant

#### DATES TO REMEMBER

5TH SPEAKER: ADAGIO @11:00 AM

9TH CRAFT: Fall Wreath making 12:30 PM—2:30 PM

12TH FREE PIZZA PARTY Sign up by SEPT. 9TH to reserve your personal pizza.

**BIRTHDAYS** 

15TH HEALTHY STEPS PROGRAM 9:00 AM—2:00 PM FREE LUNCH PROVIDED! Sign up in advance

16TH SPEAKER: VIRTUAL MEETINGI @10:30 AM Social Security presentation

17TH SPEARKER: BE FIT, BE ACTIVE @ 11:00 AM

19TH SENIOR. EXPO from 10:00 AM— NOON @ Corry Community Center

23RD BIBLE STUDY with Stephanie @10:30 AM

26TH SAFE DRIVING CLASS 9:00 AM-1:00 PM



## **BIRTHDAYS**

9-3 EVELYN OWENS

9-15 GERRIE KARKOSKI
TRISH SCHWABENBAUER

9-29 MONICA STOWE

JOIN US FOR BIRTHDAY CAKE!

### \*\*\*\* UPCOMING DATES \*\*\*\*

OCT 31 Halloween Party

Reservations Due by WED., OCT. 15TH

NOV 19 Thanksgiving Party

Reservations Due by WED., NOV 12TH

DEC 10 Christmas Party

Reservations Due by FRI., DEC. 5TH

ALL PARTY RESERVATIONS ARE DUE BY THE DATE GIVEN FOR EACH PARTY!! NO EXCEPTIONS!!

REMEMBER TO VISIT YOUR LOCAL FARMER'S MARKET AND ENJOY THE BENEFITS OF THE PA FARMER'S MARKET NUTRITION VOUCHERS!!!
THEY ARE SET TO EXPIRE NOVEMBER 30, 2025!!!



# SEPTEMBER CALENDAR & MENU MENU SUBJECT TO CHANGE

Tue	Wed	Thur	Fri
2 PORK ROAST 9:00 CARDS  9 OVEN FRIED CHICKEN 9:00 CARDS 12:30—2:30 CRAFT: Fall Wreath making	3 YUMMY CHICKEN 9:00 CARDS 12:30 BINGO  10 MAC N' CHEESE 9:00 CARDS 12:30 BINGO	4 CHEESEBURGER 9:00 CARDS 11:00 EXERCISE  11 CHICKEN & NOODLES 9:00 CARDS 11:00 EXERCISE	5 CHICKEN & BISCUITS 9:00 CARDS 11:00 SPEAKER: ADAGIO 12:30 BINGO 12 PIZZA PARTY 9:00 CARDS 12:30 BINGO BIRTHDAY'S
16 CHICKEN SALAD 9:00 CARDS 10:30 VIRTUAL MTG. Social Security presentation 23 BEEF STEW	17 SWEDISH MEATBALLS 9:00 CARDS 11:00 SPEAKER: Be Active, Be Fit	18 HAM 9:00 CARDS 11:00 EXERCISE	19 MEATBALL SUB 9:00 CARDS 10-NOON SR EXPO 12:30 BINGO
9:00 CARDS 10:30 BIBLE STUDY with Stephanie	9:00 CARDS 12:30 BINGO	9:00 CARDS 11:00 EXERCISE	9:00 CARDS 12:30 BINGO
30 SAUSAGE SUB 9:00 CARDS	1 OX ROAST 9:00 CARDS 12:30 BINGO	2 TUNA SALAD 9:00 CARDS 11:00 EXERCISE	3 STUFFED CABBAGE 9:00 CARDS 12:30 BINGO
,	CLASS 9:00 AM—2:00 PM DURSE 9:00 AM—1:00 PM		

#### **COMMUNITY PHONE NUMBERS**

GECAC AAA OFFICE: (814)459-4581

AAA TOLL FREE: (800)769-2436

AFTER HOURS (CRISIS LINE)

Day (814)451-4581 Ext 400

Evening (814) 451-1520

PACE-PACENET: (800)225-7223

**ERIE CO VETERAN'S AFFAIRS:** 

(800)274-8387

SOCIAL SECURITY ADMIN:

(877)405-3543

AGENCY WEBSITE: www.gecac.org

PA AGING WEBSITE: www.aging.pa.gov





## **MONTHLY ACTIVITIES**

LUNCH IS SERVED @ NOON FOR

SENIORS 60 YRS & OLDER.

MEALS ARE \$2.00 CONTRIBUTION

PLEASE MAKE YOUR MEAL RESERVATIONS

2 WEEKS IN ADVANCE

PARTIES WILL BE \$5.00, UNLESS

STATED OTHERWISE

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BINGO IS PLAYED ON WEDNESDAYS & FRI-DAYS @ 12:30. We have LOTS OF FUN, so come join us!!!

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TAI CHI EXERCISE THURSDAYS! Let's be healthy!

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The GECAC Corry Senior Center, operated by Greater Erie Community Action Committee (GECAC), Area Agency on Aging, is funded in part by the Department Of Aging.









Dr. Benjamin Wilson, CEO

How do our contributions and fundraising dollars help our center?

**Meal Contributions** help to off-set the cost of the center meals. On average, the actual cost of the meal is over \$9.00. Meal contributions also help to maintain the building, maintain and/or replace a stove, a refrigerator or a freezer, if necessary. These dollars are vital to maintaining the Center and its daily operations.

Booster Contributions and Fundraising Dollars help to pay for our parties, entertainment, snacks and more. They also help to pay for programming opportunities, like exercise, craft classes, computer usage, and again, more. These dollars are vital to your programming options and enjoyment of the Center.

Contributions and Fundraisers are all voluntary; however, please continue to support your Center by whatever means you are able. The Centers and their services mean so much, to so many and your support goes a long way towards helping your Center continue to offer programming and services.



WI-FI is available FREE TO OUR SENIORS!!

Prior to using the WI-FI, members will need to sign the GECAC POLICY AGREEMENT.

Please see RACHAEL OR VALERI FOR ASSISTANCE





# **JOIN OUR FACEBOOK GROUP!!!**

You can find us through the Group Search. Type in "GECAC CORRY SR CTR" and ask to join. There are a few questions to answer and you'll need to agree to the Group rules, but it's easy and it's for your protection.

We will be posting our newsletters, upcoming events, weather updates and some other activities for you to be able to participate in at the Senior Center. Talk with other current and active members and perhaps meet some of the new members that have joined us.

# GREAT RESOURCES:

GECAC has a website!! Check out <a href="www.gecac.org">www.gecac.org</a> to see all that we do to help the community!

Pennsylvania 211: Get Connected. Get Help.™



## What is 211 used for in PA?

Every day, clients contact 211 to access free and confidential information. If you need to connect with resources in your community, but don't know where to look, PA 211 is a great place to start. From help with a utilities bill, to housing assistance, afterschool programs for kids, and more, you can dial 211 or text your zip code to 898-211 to talk to a resource specialist. Our specialists will listen to your needs, and give you information on programs in your community that might be able to help.

Visit <u>www.pa211.org</u> to explore programs available in your community by categories such as financial assistance, housing, and food.

LIHEAP: Need help with heating bills?

LIHEAP can help. Call 1(877) 443-2743

or visit www.LIHEAPhelps.com to sign up!



**SNAP/EBT** (food stamps) can make online purchases and have delivered to their home, as per attached and same information below.

# Resources For Online SNAP Purchases

In Pennsylvania, residents who receive SNAP/EBT are now able to buy SNAP eligible foods and drinks online through Walmart and Amazon. These benefits can also be used to buy plants and seeds to grow food at home. This is a great way to get the food if you lived in a food desert or are unable to make it to the nearest grocery store.

# MEDICARE MINUTE...



If you're in a Medicare plan, your plan will send you an Annual Notice of Change letter. It is often referred to as an ANOC. These letters are mailed in the month of September. You should receive it by September 30<sup>th</sup>, each year. This notice is sent out by your plan. The ANOC includes any changes in coverage, costs, and more that will be effective in January.

Information released in July 2025 ... expect changes for 2026 Medicare Part D drug plan premiums. Expect to see an increased number of lower-premium Prescription Drug Plans (PDP) that offer basic Part D coverage and higher premiums for Medicare drug plans offering enhanced coverage features, such as \$0 deductibles and fixed drug copays.

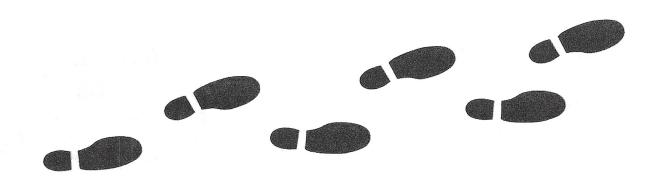
- Increase in drug deductible. The standard Part D Initial Deductible will increase 4.24% from \$590 to \$615.
- Increase in Rx out-of-pocket spending limit. Medicare beneficiaries will stay in the Initial Coverage phase until their out-of-pocket spending for Part D formulary drugs (<u>TrOOP</u>) reaches the maximum out-of-pocket spending limit for Part D formulary drugs (<u>RxMOOP</u>) which is set at \$2,100 for 2026 up 5% from \$2,000 in 2025.
- First round of federal government (HHS) negotiated drug prices. Newly negotiated prices will take effect in 2026 for the following ten Medicare Part D drugs: Eliquis, Enbrel, Entresto, Imbruvica, Januvia, Jardiance, Stelara, Xarelto, and Farxiga, Fiasp; Fiasp FlexTouch; Fiasp Pen-Fill; NovoLog; NovoLog FlexPen; NovoLog PenFill. Average negotiated retail drug prices can be viewed across Medicare drug plans in our Q1Rx Drug Finder (Q1Rx.com).
- Insulin copay may be less than \$35. Insulin covered by a Medicare Part D plan will cost the lesser of the \$35 copay or 25% of the retail price (as negotiated by the plan or by HHS).

## Medicare Part D coverage remaining unchanged from 2025

– No copay (\$0) after reaching the RxMOOP. After reaching the 2026 RxMOOP, Medicare Part D beneficiaries enter Catastrophic Coverage and have a \$0 copay (no additional costs) for all formulary Medicare Part D drugs through the remainder of the year.

#### **Bottom line:**

If you qualify for Medicare Part D Low-Income Subsidy (Extra Help) and enroll in a basic (DS, AE, or BA) Medicare Par D plan with a monthly premium at or below your state's LIS premium benchmark, you should have a \$0 monthly premium for your Part D drug coverage.



# HEALTHY STEPS FOR OLDER ADULTS CLASS

DATE: Monday, Sept. 15, 2025

**PLACE:** Corry Senior Center

**TIME:** 10 am - 2 pm

FREE LUNCH!!

Bring a non-senior center member friend and get entered to win a gift card!

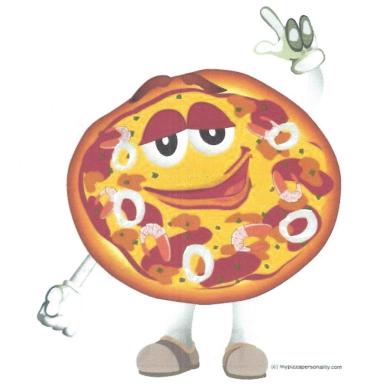


\*\*\*\*PIZZA PARTY\*\*\*\*

SEPT. 12, 2025

COST: FREE to Ctr. Members

Please sign up by SEPT. 9TH and which pizza you would like. We'll be ordering Personal pizzas.





\*\*\* 2025 UPCOMING PARTY DATES \*\*\*

OCT 31 Halloween Party

Reservations Due by WED OCT 15

Reservations Due by WED., OCT. 15TH

Reservations Due by WED., NOV. 12TH

**Thanksgiving Party** 

**DEC 10** Christmas Party

**NOV 19** 

Reservations Due by FRI., DEC. 5TH

The **COST** for the parties will be \$5.00 with the exception for July and December Parties.